





VENUE:

21km R180

10km R140

Starting 06:45

5km Fun Run

Fun Run Starting 07:15 Starting 07:00



Starting 06:30

Northridge Mall, Kenneth Kaunda Drive, Bloemfontein

-29.0792814, 26.2412242

Start & Finish for all distances at Northridge Mall

SATURDAY, 27 AUGUST 2022 from 06:30

ENTRIES, REGISTRATIONS, PAYMENTS AND NUMBER COLLECTION

ONLINE: https://entries.evententry.co.za/ or email form to bloemachilles@gmail.com with proof of payment

Online entries close at midnight, 24 August 2022

MANUAL PRE-ENTRY: 25 & 26 August 2022 at Northridge Mall from 17:00 - 20:00. Card facilities available

EFT DETAILS: Nedbank 1662087764, Branch Code 166234 - Use reference: Name, Surname and Distance, e.g. John Doe 21km

NUMBER COLLECTION: 25 & 26 August at Northridge Mall from 17:00 - 20:00

Saturday before the race - only for online or pre-entries

LATE ENTRIES: For 1km & 5km only - 27 August before the race - no registrations for 10km & 21km on race day

GENERAL INFORMATION

- Permanent 2022 ASA licence number needed or 2022 Temporary licence must be purchased with entry for 21km and 10km
- Every finisher will receive a medal; waterpoints every 3km's; Circle routes
- Wearing of age bib compulsory and must be visible, ASA licence numbers must be worn on front and back, temporary licence on front, timing chip must be worn on shoe
- All winners must show ID/Driver's License/Passport if requested
- **ER24 Medical Support on site**
- Distance markers every kilometre
- Cut-off times: 21km 3hrs, 10km 2hrs and 5km Fun Run 1hr
- No earphones (excluding hearing aids) and animals permitted
- Toilet facilities in the mall itself. No shower facilities.
- More information and race updates at https://www.facebook.com/bloemachilles

PRIZES & PRIZE-GIVING

- Prize money only for registered athletes no category prizes
- Prize-giving for 21km and 10km at 10h00
- Prizes: Gold, Silver and Bronze medal for 1st, 2nd and 3rd place overall for 21km and 10km (male and female)

21km's 1st Prize - R1.250 2nd Prize - R1.000 3rd Prize - R750 (overall, male and female) 10km's 1st Prize - R1,000 2nd Prize - R750 3rd Prize - R500 (overall, male and female)

CONTACT DETAILS

Event Organiser: Wayne Beelders 082 440 4229 | Technical Official: Johan Landman 082 457 7605 | Safety Officer: Andries van Zyl 082 763 8752













21km **R180** Starting 06:30 10km R140

Starting 06:45

Starting 07:00

1km Run R40 Starting 07:15



RY FORM

SATURDAY, 27 AUGUST 2022 from 06:30

ATHLETE DETAILS

Name and Surname: Physical / Postal Address: Email Address: Province: Temporary licence No: SA Citizen / Nationality:		Gender	ime: SA Number:		
Date of Birth:			y of Race:		
Age 14-19 No category prizes. Winners must sh	Age 20–39 ow ID/Driver's License/Passpor	Age 40-49 t if requested / Wearing of age bib compulso	Age 50-59	Age60+	
FOR CLUB USE:	PAID	RACE NUMBER	CAPTURED		
NEXT OF KIN / EMERGENCY CONTACT DETAILS:					
Emergency Contact Name:	Emergency Contact No.:				
	WAIVER, INDEMNITY AND CONSENT				
By entering the event I understand that I am bound by the rules and regulations of the event including those of WA, ASA and AFS. I warrant that I am in good health and aware of the risk and danger of the physical nature of the sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organiser of the event, provincial and national athletic bodies and all local authorities from the responsibility, liability or costs related to any injury, loss or damage of whatsoever nature, including pre-and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity. I hereby agree or give permission that my photo taken at the event can be used for media coverage on the event itself or any other media advertising — POPI Act.					
MINOR RELEASE					
1, the minor's parent and/or legal guardian, understand the nature of the athletic activity, the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and lenter into this indemnity / waiver on behalf of					
Competitor Signature / Guardian for under 18 year-old					
		SIGNATURE		DATE	

RULES

their own risk; Athletes acknowledge that by entering the event they are medically fit to participate; All athletes must supply the name and contact number of their next of kin on both the race number and entry form; Licensed athletes must wear club colours and the 2022 licence number on the