



69⁹⁹
p/kg

FARMERS RANGE CHICKEN WINGS 2KG

139⁹⁹
each



63⁹⁹
p/kg

GRAINFIELD IQF CHICKEN BREAST FILLETS 5KG

319⁹⁹
each



57⁹⁹
p/kg

COUNTRY RANGE CHICKEN DRUMSTICKS 5KG

289⁹⁹
each



39⁹⁹
p/kg

COUNTRY RANGE IQF CHICKEN THIGHS 5KG

199⁹⁹
each



37⁹⁹
p/kg

GOLDI CHICKEN MIXED PORTIONS 5KG

189⁹⁹
each



139⁹⁹
60's | 5 Doz

FOODLAND MIXED L/XL EGGS 30's

69⁹⁹
each



79⁹⁹
p/kg

SOVEREIGN SOUTHERN STYLE CRUMBED CHICKEN STRIPS ORIGINAL OR CHEESY OR SPICY 1KG

BRILLIANT PRICE 200⁰⁰



19⁹⁹
each

GRAINFIELD CHICKENS LIVER TRAY 500G



54⁹⁹
each

FARMERS RANGE CHICKEN CATERING VIENNAS 750G

BRILLIANT PRICE 100⁰⁰



ECONOFOODS DEEP CUT DEALS



89⁹⁹
each

FIRST CHOICE FULL CREAM OR LOW FAT LONG LIFE MILK 6X1L



89⁹⁹
each

FREY'S BACON BITS 1KG



79⁹⁹
each

FREY'S CHEESY OR CONTINENTAL RUSSIAN SHORT 800G



49⁹⁹
each

THOMPSONS CHICKEN OR SMOKED OR RED VIENNAS 1KG



159⁹⁹
each

AQUATIC FOODS BATTERED CRISPY BAKE 2KG



79⁹⁹
each

FOODLAND MARINATED FINGER RIBS 1KG



562
p/pattie

EFOODS TEXAS BEEF BURGER 8 X 85G

BRILLIANT PRICE 90⁰⁰



44⁹⁹
each

EFOODS CATERING GRADE SANDWICH HAM 500G



99⁹⁹
each

UNICO CATERING BACON 1KG



44⁹⁹
each

EFOODS BUDGET SMOKED OR SPICY RUSSIAN 900G



99⁹⁹
p/kg

BLOCKMAN'S MEATS LAMB BULK PACK P/KG



SCAN AND FIND YOUR NEAREST STORE

Kroonstad Kroonstad Circle, C/o Truter & President St, Marabastad - 056 492 0151
Mahikeng Mahikeng Reservoir Park, C/o Nelson Mandela Dr & Visser St, Libertas - 018 011 1945

Ts & Cs apply | Prices include VAT
 While Stocks Last | 22 Mar - 25 Apr 2024
 Browse online at shop.econofoods.co.za



BRITO'S
FRENCH
POLONY
3KG

79⁹⁹
each



UNICO
FOOTLONG
OR COCKTAIL
CHEESE
GRILLER
1KG

119⁹⁹
each



COUNTRYSIDE PORK
LOIN CHOPS 2KG

159⁹⁹
each



BLOCKMAN'S MEATS
BOSVELD BRAAIWORS 6 X 400G

159⁹⁹
each



BLOCKMAN'S MEATS GROUND
BEEF MINCE 6 X 400G

159⁹⁹
each



BLOCKMAN'S MEATS
A GRADE WHOLE RUMP P/KG

99⁹⁹
p/kg



AQUATIC
FOODS
CAPE HAKE
FILLETS
500G

67⁹⁹
each



EFOODS
FISH
FINGERS
800G

69⁹⁹
each



SEAFOOD
PRAWN
MEAT
800G

*Brand available
may vary

139⁹⁹
each



ALL PURPOSE
SHRIMPS
240G

*Brand available
may vary

34⁹⁹
each



NEW BRANDING
ON THE SHELF

FOODLAND
WHITE
CHEDDAR
OR CHEDDAR
OR GOUDA
P/KG

114⁹⁹
p/kg



FOODLAND
54 CHEESE
SLICES
CHEDDAR
OR GOUDA
900G

99⁹⁹
each



BANDINI
MOZZARELLA
LOAF
P/KG

114⁹⁹
p/kg



FOODLAND
FULL CREAM
ICE CREAM
VANILLA
2L

44⁹⁹
each



SUNDALE
SMOOTH
OR FRUITED
YOGHURT 1L

BUY ANY 2 FOR A

52⁰⁰
BRILLIANT PRICE



MEADOWLAND
CLASSIQUE
LONG LIFE
CREAM 1L

BUY 2 FOR A

130⁰⁰
BRILLIANT PRICE



FIRST CHOICE
SALTED
BUTTER
500G

59⁹⁹
each



STORK
COUNTRY
SPREAD
1KG

52⁹⁹
each



26⁹⁹
each

NATURES
GARDEN
MIXED VEG
1KG

BUY 2 FOR A

50⁰⁰
BRILLIANT PRICE



31⁹⁹
p/kg

NATURES
GARDEN
CHIPS 10MM
OR 12MM
2.5KG

79⁹⁹
each



27⁹⁹
each

FROOZELS
ASSORTED
CEREALS
320 - 350G

BUY ANY 2
FOR A

40⁰⁰
BRILLIANT PRICE



13⁹⁹
each

ASSORTED
SEMOLO
PASTA
500G

BUY ANY 3
FOR A

40⁰⁰
BRILLIANT PRICE



17⁹⁹
each

EEZEE
ASSORTED
INSTANT
NOODLES
5 X 65G

BUY ANY 2
FOR A

35⁰⁰
BRILLIANT PRICE



RHODES
ASSORTED
FRUIT JUICE
6 X 200ML

32⁹⁹
each

ECONO FOODS

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